

Southern Living

SOUTHERN LIVING • TRAVEL

Best All-Inclusive Girlfriend Getaways in the South

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CREDIT: COURTESY OF CLUB MED SANDPIPER BAY

When you and your best gals need to get away, you don't have to look outside of the South to find one-of-a-kind, all-inclusive resorts built to cater to your every need and interest. Each location is unique, with special wellness plans designed around your environment and activities highlighting the amazing places you're visiting.

Whether you want to soak up some sunshine or relax during a ladies' spa day, the ideal resort is out there. There are activities for every enthusiast, from paddleboarding to cooking. A getaway is also a great way to indulge and treat yourself and your friends like the VIPs you are. Pick one, and go. Relaxation is waiting.



CREDIT: COURTESY OF MIRAVAL AUSTIN

Miraval Austin

Austin, Texas

Deep in the heart of Texas Hill Country sits the wellness resort, Miraval Austin. This all-inclusive sanctuary focuses on every element of its guests' well-being. They offer yoga and group fitness classes for the physical body. Meditation, a spa, and lectures are available for mental and emotional support. You and your girlfriends can participate in activities like the Tibetan Bowl Massage (a full body massage combined with the healing elements of a Tibetan bowl ceremony). Cooking classes like the Spirit of Agave and the Art of the Cocktail are new spins on going out for drinks, while archery, hatchet throwing, and horseback riding at the resort's equine center will keep you busy. Packages include access to the spa and pools, meals, and unlimited participation in daily events. To start the stay off right, they'll even shuttle you from the airport or provide complimentary on-site parking if you're driving in with your pals.



CREDIT: COURTESY OF BUNGALOWS KEY LARGO

Bungalows Key Largo

Key Largo, Florida

If the turquoise blue waters of South Florida are calling your name, grab your girlfriends and head for the Florida Keys. The Keys' first all-inclusive resort, Bungalows Key Largo, opened in early 2019 as an adults-only (21+) waterfront resort. With an expansive 12 acres, the resort features 135 private bungalows with soaking tubs, an outdoor garden shower, and sea views. A stay on the property includes unlimited meals at the resort's three restaurants, premium beverages, and unlimited use of water sports gear, including paddleboards, kayaks, and snorkeling equipment. Plus, all activities, like yoga, cooking classes, and sunset happy hours, are included with your stay.



CREDIT: PETER FRANK EDWARDS

Lodge on Little St. Simons Island

Little St. Simons Island, Georgia

Surround yourself in natural beauty, Southern hospitality, and the escape of a private barrier island that seems worlds removed from anything happening back home. A part of Georgia's famed Golden Isles, Little St. Simons Islands offers seven miles of empty beaches, 10,000 acres of wilderness, and memorable animal sightings. A maximum of 32 guests can stay at the lodge, originally built in 1917 as a private hunting lodge. Today the resort, accessible only by boat, caters to people looking for VIP service, fresh seafood, and a getaway like no other.



CREDIT: COURTESY OF CLUB MED SANDPIPER BAY

Club Med Sandpiper Bay

Port St. Lucie, Florida

Club Med was for many years the most prominent name in the all-inclusive business, which tells you that they know how to make package vacations feel like absolute escapes. The Club Med Sandpiper Bay is in Port St. Lucie, about halfway between Miami and Orlando, so driving or flying here with your girlfriends is easy. While there, you'll have access to gourmet dining, open bars, and activities like paddle boarding, sailing, tennis, and more. When crowds have left South Florida and headed elsewhere, look to travel during these seasons for significant savings.



CREDIT: HELEN NORMAN

Blackberry Farm

Walland, Tennessee

Tucked in the rolling hills of Eastern Tennessee, Blackberry Farm is a 4200-acre resort and an authentic Southern experience. The Modified American hospitality plan, a package covering your room and three meals each day beginning the day you arrive and ending with lunch on your departure day, will be a treat for you and your friends. Not included in this package are alcohol and most activities, but this allows you to customize your stay. Pick from an extensive menu of wellness treatments, private fitness classes, water sports, and horseback riding. Spread across the main house, cottages, and private homes, the resort has a variety of accommodations.



CREDIT: ROBBIE CAPONETTO

Lake Austin Spa Resort

Austin, Texas

Enjoy a morning of yoga as the rippling waters of the Colorado River burble underfoot. Design a personal souvenir in an art class during your stay or sight-see the rolling hills of Texas on a canyon hike. These activities and more are available to you and your friends during a stay, depending on scheduling and availability, at [Lake Austin Spa Resort](#). The wellness and relaxation resort is an oasis of fitness activities, discovery programs, access to water sports and pools, and events with celebrity chefs and speakers. The all-inclusive package includes three meals per day. You might be in one of Texas's biggest cities, but you'll find plenty of space to escape in the 19 acres of waterfront property.



Cedar Cove Ranch & Resort

Eustace, Texas

This all-inclusive ranch retreat occupies 700 acres of resort grounds and a lake only a short distance from the Dallas and Fort Worth area. The Cedar Cove Ranch & Resort has three lodging options to choose from based on the size of your group. These options have space for an outdoor fire pit, perfect for catching up and chatting with friends after a day outdoors. The activities range from fishing, hiking, and other outdoor activities to relaxing indoors for spa treatments.



CREDIT: COURTESY OF TRIPADVISOR

Sirata Beach Resort

St. Pete Beach, Florida

The beachfront resort on the west coast of Florida offers package options to customize your getaway with the gals. Resort amenities at the Sirata Beach Resort include beachfront swimming pools, volleyball courts, and plenty of outdoor games that might bring out your competitive side. If your group wants to try some water sports, there are add-on packages available so that you can try on the paddle boards, kayaks, parasailing, and wave runners.