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WEEKEND GETAWAYS

Reconnect with Nature (And Yourself) at Miraval's Bluebonnet Festival

The resort and spa is breathtakingly beautiful year round, but with a plethora of limited wildflower-inspired activities, a visit this spring is a must.

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Upon arriving at Miraval Austin, a wellness resort tucked away in the hills and overlooking Lake Travis, the first thing you'll notice is the quiet. A gentle breeze whistles by, rustling the live oak trees, but gone is the whirr of the highway, the bustling noises of the city. Instead, the sweet chirping sounds of the golden-cheeked warbler and the soft ambient music playing in the courtyards act as a reminder for you to relax your shoulders and unclench your jaw. Before you even check in to your room, a sense of peace is present.

Prior to visiting, guests are invited to create their own itinerary. While the natural beauty and luxurious rooms alone are enough to justify a visit, the wellness classes, grounding activities, and unique experiences offered are what make Miraval stand out. Looking to reconnect with yourself and others? Common Ground—a two-hour horse therapy session that strengthens communication skills—is a must. In the mood for adventure? Swing and a Prayer allows guests to jump from a 35-foot pole while suspended in the air.

Of course, there are things to look forward to no matter when you visit. For example, along with an extensive [spa menu](#), multiple saunas, hot tubs, and heated infinity pools are available to all guests. At the Hilltop Crossings Kitchen, complimentary meals are both delicious *and* nourishing, often using ingredients from the property's Cypress Creek Farm. In addition to plush bedding, meditative pillows, and ambient lighting, rooms have access to incredible views (just step onto the balcony!).





Don't get us wrong—there isn't a bad time to book a stay—but if you're looking for another reason visit, their annual Bluebonnet Festival is it. From now until the end of March, wildflower-themed events and classes are taking over the programming, offering a different way to celebrate the arrival of spring in the Texas Hill Country. Below, a few of our favorite activities to help you plan your itinerary.

Nature Walk with Photography Tutorial

No camera? No problem. Learn tips and tricks to smart phone photography while capturing the on-site blooms.

Essence of Miraval Facial

Austin's Petal Pecan mask, Arizona's Honeysuckle Sage elixir, and Berkshires' Tulsi Rose Balm come together for this deluxe 80-minute facial that pays tribute to each Miraval resort.

Beauty in the Garden: Finding Beauty in Imperfections

Meditate inwardly while practicing the Japanese art of Kintsugi. Each participant will shatter a piece of pottery then put it back together again with gold lacquer—leaning into the symbolize of embracing imperfection.

Build Your Own Smudge Kit

This spring, cleanse and bless your space. Crystals, herbs, and Palo Santo are just a few of the ingredients you'll be able to choose from to build your own smudge kit.

Signature Cocktail: Flower Power Sour

End each day with this exclusive drink. Garnished with gorgeous edible flowers, you can find it at the Hilltop Crossings Kitchen.

These are just a few of the [Bluebonnet Festival activities](#). Look over the resort's [full list of events and classes](#), then book your stay [here](#).