

SAFETY AT THE SPA

WHAT TO EXPECT DURING YOUR MIRAVAL SPA EXPERIENCE

Life in Balance Spa Hours 9am - 9pm

Safety protocols will be strongly enforced. Failure to comply with the measures below will result in refusal of service to protect your and our colleagues' wellbeing.

It is recommended that you arrive to your spa service in your room robe and personal footwear, ready for your treatment.

- We are offering a limited menu of spa services and reducing the capacity of our treatment rooms.
- Spa appointments fill up quickly and last minute spa availability cannot be guaranteed.
- Guests will receive contact-less temperature screen at each spa service check in with Spa Front Desk.
- All spa colleagues, therapists and guests will be required to wear masks at the spa and during spa services, only exception during facial service.
- Guests will also still be required to complete a Spa Intake Form prior to their first appointment of their stay (state requirement).
- Guests will be requested to wash hands in the treatment room at start of service.
- Providers will wash hands pre and post service in the treatment room.
- Lockers and showers are available for use and will be sanitized, restocked, and secured/locked with a higher frequency.
- Quiet Lounge seating will be reconfigured to ensure physical distancing measures.
- Your spa therapist will guide you to your treatment room and to the exit at the conclusion of your service.
- We encourage you to bring your reusable Miraval water bottle. Fill stations located at Serenity Pool Deck and in the Spa near the Quiet Lounge.



SERVICE	DURATION	PRICE
BODY RENEWAL RITUALS		
Abundance	75MIN	\$285
Flourish	50MIN	\$220
Ginger Healer	75MIN	\$315
Hammam	75MIN	\$285
Kokoro	100MIN	\$350
Moondance	75MIN	\$285
Radiance	50MIN	\$220
River Flower Wrap	50MIN	\$220
Serenity	75MIN	\$285
Wild Berry Body Polish	50MIN	\$220
MASSAGE		
Focus Massage	20MIN	\$130
Jade Meridian	50MIN	\$235
Jade Meridian	80MIN	\$315
Miraval Deep Massage	50MIN	\$235
Miraval Deep Massage	80MIN	\$315
Miraval Grounding	50MIN	\$210
Miraval Relax Massage	50MIN	\$210
Miraval Relax Massage	80MIN	\$280
Neck & Scalp	20MIN	\$130
Sacred Sounds	80MIN	\$295
ENERGY & EASTERN		
Craniosacral Therapy	50MIN	\$190
Crystal Energy Healing	50MIN	\$195
Naga	50MIN	\$275
Naga	80MIN	\$345
Pranayama-Dina	50MIN	\$305
Pravasana	80MIN	\$315
Reflexology	50MIN	\$190
Reiki	50MIN	\$190
Thai	50MIN	\$255
Thai	80MIN	\$325
Thai Foot & Leg	50MIN	\$210
Vasudhara	50MIN	\$305
Yojana (per couple)	80MIN	\$380
MOTHER-TO-BE		
Mother's Glow Facial	50MIN	\$220
Prenatal Focus Massage	20MIN	\$130
Prenatal Crystal Energy Healing	50MIN	\$195
Prenatal Craniosacral	50MIN	\$190
Prenatal Reiki	50MIN	\$180
Prenatal Pravasana	80MIN	\$315
Prenatal Neck & Scalp	20MIN	\$130
Prenatal Miraval Grounding	50MIN	\$210

SERVICE	DURATION	PRICE
AYURVEDA		
Abhyanga	50MIN	\$230
Shamana-Karma	75MIN	\$315
Pradhana Veda	100MIN	\$355
SALON		
Signature Petal Pecan Pedicure	80MIN	\$175
Hand to Heart Manicure	75MIN	\$120
Deborah Lippmann Signature Manicure	50MIN	\$90
Deborah Lippmann Signature Pedicure	50MIN	\$105
Foot to Soul Pedicure	75MIN	\$150
Wanderlust Manicure *polish not included	50MIN	\$85
Wanderlust Pedicure *polish not included	50MIN	\$95
Moroccan Coffee Blossom Pedicure	80MIN	\$160
Polish Change - Feet	20MIN	\$25
Polish Change - Hands	20MIN	\$25
Shellac Removal - Feet	30MIN	\$35
Shellac Removal - Hands	30MIN	\$35
Shampoo & Go	10MIN	\$25
Shampoo & Style - Long	80MIN	\$130
Shampoo & Style - Short	50MIN	\$85
SKIN CARE		
Essence of Miraval Facial	80MIN	\$350
Mother's Glow Facial	50MIN	\$220
Nature's Bounty Facial	80MIN	\$330
Vitamin C Facial	50MIN	\$220
Vitamin C Facial	80MIN	\$330
Pure Pressed Facial	50MIN	\$220
Pure Pressed Facial	80MIN	\$330
Purifying Back Facial	50MIN	\$220
Roots, Fruits, Petals, & Leaves Facial	80MIN	\$330
Renew & Restore Facial	50MIN	\$220
Spiritual Warrior Facial	50MIN	\$220
Spiritual Warrior Facial	80MIN	\$330
Kesa	20MIN	\$130
Heel to Toe	20MIN	\$130
Eye & Lip Refresher	20MIN	\$130
Express Alpha Beta Peel	20MIN	\$130