

SAFETY AT THE SPA

WHAT TO EXPECT DURING YOUR MIRAVAL SPA EXPERIENCE

Life in Balance Spa Hours 9am - 9pm

Safety protocols will be strongly enforced. Failure to comply with the measures below will result in refusal of service to protect your and our colleagues' wellbeing.

It is recommended that you arrive to your spa service in your room robe and personal footwear, ready for your treatment.

- We are offering a limited menu of spa services and reducing the capacity of our treatment rooms.
- Spa appointments fill up quickly and last minute spa availability cannot be guaranteed.
- Guests will receive contact-less temperature screen at each spa service check in with Spa Front Desk.
- All spa colleagues, therapists and guests will be required to wear masks at the spa and during spa services, only exception during facial service.
- Guests will also still be required to complete a Spa Intake Form prior to their first appointment of their stay (state requirement).
- Guests will be requested to wash hands in the treatment room at start of service.
- Providers will wash hands pre and post service in the treatment room.
- Steam Rooms and Saunas will not be available for use, however:
 - Lockers and showers are available for use and will be sanitized, restocked and secured/locked with a higher frequency.
- Quiet Lounge seating will be reconfigured to ensure physical distancing measures. No food or snacks will be provided or allowed in the Quiet Lounge.
- Your spa therapist will guide you to your treatment room and to the exit at the conclusion of your service.
- We encourage you to bring your reusable Miraval water bottle. Fill stations located at Serenity Pool Deck and in the Spa near the Quiet Lounge.



| SERVICE | DURATION | PRICE |
|---------------------------------|----------|-------|
| BODY RENEWAL RITUALS | | |
| Abundance | 75MIN | \$285 |
| Flourish | 50MIN | \$220 |
| Ginger Healer | 75MIN | \$315 |
| Hammam | 75MIN | \$285 |
| Kokoro | 100MIN | \$350 |
| Moondance | 75MIN | \$285 |
| Radiance | 50MIN | \$220 |
| River Flower Wrap | 50MIN | \$220 |
| Serenity | 75MIN | \$285 |
| Wild Berry Body Polish | 50MIN | \$220 |
| MASSAGE | | |
| Focus Massage | 20MIN | \$130 |
| Jade Meridian | 50MIN | \$235 |
| Jade Meridian | 80MIN | \$315 |
| Miraval Deep Massage | 50MIN | \$235 |
| Miraval Deep Massage | 80MIN | \$315 |
| Miraval Grounding | 50MIN | \$210 |
| Miraval Relax Massage | 50MIN | \$210 |
| Miraval Relax Massage | 80MIN | \$280 |
| Neck & Scalp | 20MIN | \$130 |
| Sacred Sounds | 80MIN | \$295 |
| ENERGY & EASTERN | | |
| Craniosacral Therapy | 50MIN | \$190 |
| Crystal Energy Healing | 50MIN | \$195 |
| Naga | 50MIN | \$275 |
| Naga | 80MIN | \$345 |
| Pranayama-Dina | 50MIN | \$305 |
| Pravasana | 80MIN | \$315 |
| Reflexology | 50MIN | \$190 |
| Reiki | 50MIN | \$180 |
| Thai | 50MIN | \$255 |
| Thai | 80MIN | \$325 |
| Thai Foot & Leg | 50MIN | \$210 |
| Vasudhara | 50MIN | \$305 |
| Yojana (per couple) | 80MIN | \$380 |
| MOTHER-TO-BE | | |
| Mother's Glow Facial | 50MIN | \$220 |
| Prenatal Focus Massage | 20MIN | \$130 |
| Prenatal Crystal Energy Healing | 50MIN | \$195 |
| Prenatal Craniosacral | 50MIN | \$190 |
| Prenatal Reiki | 50MIN | \$180 |
| Prenatal Pravasana | 80MIN | \$315 |
| Prenatal Neck & Scalp | 20MIN | \$130 |
| Prenatal Miraval Grounding | 50MIN | \$210 |

| SERVICE | DURATION | PRICE |
|---|----------|-------|
| AYURVEDA | | |
| Abhyanga | 50MIN | \$230 |
| Shamana-Karma | 75MIN | \$315 |
| Pradhana Veda | 100MIN | \$355 |
| SALON | | |
| Signature Petal Pecan Pedicure | 80MIN | \$175 |
| Hand to Heart Manicure | 75MIN | \$120 |
| Deborah Lippmann Signature Manicure | 50MIN | \$90 |
| Deborah Lippmann Signature Pedicure | 50MIN | \$105 |
| Foot to Soul Pedicure | 75MIN | \$150 |
| Wanderlust Manicure <i>*polish not included</i> | 50MIN | \$85 |
| Wanderlust Pedicure <i>*polish not included</i> | 50MIN | \$95 |
| Moroccan Coffee Blossom Pedicure | 80MIN | \$160 |
| Polish Change - Feet | 20MIN | \$25 |
| Polish Change - Hands | 20MIN | \$25 |
| Shellac Removal - Feet | 30MIN | \$35 |
| Shellac Removal - Hands | 30MIN | \$35 |
| Shampoo & Go | 10MIN | \$25 |
| Shampoo & Style - Long | 80MIN | \$130 |
| Shampoo & Style - Short | 50MIN | \$85 |
| SKIN CARE | | |
| Essence of Miraval Facial | 80MIN | \$350 |
| Mother's Glow Facial | 50MIN | \$220 |
| Nature's Bounty Facial | 80MIN | \$330 |
| Vitamin C Facial | 50MIN | \$220 |
| Vitamin C Facial | 80MIN | \$330 |
| Pure Pressed Facial | 50MIN | \$220 |
| Pure Pressed Facial | 80MIN | \$330 |
| Purifying Back Facial | 50MIN | \$220 |
| Roots, Fruits, Petals, & Leaves Facial | 80MIN | \$330 |
| Renew & Restore Facial | 50MIN | \$220 |
| Spiritual Warrior Facial | 50MIN | \$220 |
| Spiritual Warrior Facial | 80MIN | \$330 |
| Kesa | 20MIN | \$130 |
| Heal to Toe | 20MIN | \$130 |
| Eye & Lip Refresher | 20MIN | \$130 |
| Express Alpha Beta Peel | 20MIN | \$130 |