

SAFETY AT THE SPA

WHAT TO EXPECT DURING YOUR MIRAVAL SPA EXPERIENCE

Life in Balance Spa Hours 9am - 9pm

Safety protocols will be strongly enforced. Failure to comply with the measures below will result in refusal of service to protect your and our colleagues' wellbeing.

- We are offering a limited menu of spa services and reducing the capacity of our treatment rooms.
 - Spa appointments fill up quickly and last minute spa availability cannot be guaranteed.
 - All therapists and guests will be required to wear masks during spa services, only exception during facial service.
 - Guests will also still be required to complete a Spa Intake Form prior to their first appointment of their stay (state requirement).
 - Providers will wash hands pre and post service in the treatment room.
 - Quiet Lounge seating will be reconfigured to ensure physical distancing measures.
 - Your spa therapist will guide you to your treatment room and to the exit at the conclusion of your service.
 - We encourage you to bring your reusable Miraval water bottle. Fill stations located at Serenity Pool Deck and in the Spa near the Quiet Lounge.
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SERVICE	DURATION	PRICE
BODY RENEWAL RITUALS		
Abundance	75MIN	\$285
Flourish	50MIN	\$220
Ginger Healer	75MIN	\$315
Hammam	75MIN	\$285
Kokoro	100MIN	\$350
Moondance	75MIN	\$285
Radiance	50MIN	\$220
River Flower Wrap	50MIN	\$220
Serenity	75MIN	\$285
Wild Berry Body Polish	50MIN	\$220
MASSAGE		
Focus Massage	20MIN	\$130
Jade Meridian	50MIN	\$235
Jade Meridian	80MIN	\$315
Miraval Deep Massage	50MIN	\$235
Miraval Deep Massage	80MIN	\$315
Miraval Grounding	50MIN	\$210
Miraval Relax Massage	50MIN	\$210
Miraval Relax Massage	80MIN	\$280
Neck & Scalp	20MIN	\$130
Sacred Sounds Massage	80MIN	\$295
ENERGY & EASTERN		
Craniosacral	60MIN	\$190
Crystal Energy Healing	60MIN	\$195
Naga	60MIN	\$275
Naga	90MIN	\$345
Pranayama-Dina	50MIN	\$305
Pravasana	90MIN	\$315
Reflexology	60MIN	\$190
Reiki	60MIN	\$180
Thai	60MIN	\$255
Thai	90MIN	\$325
Vasudhara (<i>requires swim attire</i>)	50MIN	\$305
Yojana	90MIN	\$380 per couple

SERVICE	DURATION	PRICE
PRENATAL		
Mother's Glow Facial	60MIN	\$220
Prenatal Neck & Scalp	30MIN	\$130
Prenatal Crystal Energy Healing	60MIN	\$195
Prenatal Focus Massage	30MIN	\$130
Prenatal Massage	60MIN	\$210
Prenatal Massage	90MIN	\$280
Prenatal Miraval Grounding	60MIN	\$210
Prenatal Craniosacral	60MIN	\$190
Prenatal Pravasana	90MIN	\$315
Prenatal Reiki	60MIN	\$180
River Flower Ritual	60MIN	\$220
Wild Berry Body Polish	60MIN	\$220
AYURVEDA		
Abhyanga	60MIN	\$230
Shamana-Karma	90MIN	\$315
SALON		
Signature Petal Pecan Pedicure	80MIN	\$175
Deborah Lippmann Signature Manicure	50MIN	\$90
Deborah Lippmann Signature Pedicure	50MIN	\$105
Foot to Soul Pedicure	75MIN	\$150
Hand to Heart Manicure	75MIN	\$120
Wanderlust Manicure (<i>polish not included</i>)	50MIN	\$85
Wanderlust Pedicure (<i>polish not included</i>)	50MIN	\$95
Moroccan Coffee Blossom Pedicure	80MIN	\$160
Polish Change - Feet	20MIN	\$25
Polish Change - Hands	20MIN	\$25
Shellac Removal - Feet	30MIN	\$30
Shellac Removal - Hands	30MIN	\$30
Shampoo & Go	10MIN	\$25
Shampoo & Style - Long	80MIN	\$130
Shampoo & Style - Short	50MIN	\$85
SKIN CARE		
Essence of Miraval Facial (<i>including prenatal</i>)	90MIN	\$350
Mother's Glow Facial	60MIN	\$220
Nature's Bounty Facial	90MIN	\$330
Vitamin C Facial	60MIN	\$220
Vitamin C Facial	90MIN	\$330
Pure Pressed Facial	60MIN	\$220
Pure Pressed Facial	90MIN	\$330
Purifying Back Facial	60MIN	\$220
Roots, Fruits, Petals & Leaves Facial	90MIN	\$330
Renew & Restore Facial	60MIN	\$220
Spiritual Warrior Facial	60MIN	\$220
Spiritual Warrior Facial	90MIN	\$330