

SAFETY AT THE SPA

WHAT TO EXPECT DURING YOUR MIRAVAL SPA EXPERIENCE

Life in Balance Spa Hours 9am - 9pm

Safety protocols will be strongly enforced. Failure to comply with the measures below will result in refusal of service to protect your and our colleagues' wellbeing.

- We are offering a limited menu of spa services and reducing the capacity of our treatment rooms.
- Spa appointments fill up quickly and last minute spa availability cannot be guaranteed.
- All therapists and guests will be required to wear masks during spa services, only exception during facial service.
- Guests will also still be required to complete a Spa Intake Form prior to their first appointment of their stay (state requirement).
- Guests will be requested to wash hands in the treatment room at start of service.
- Providers will wash hands pre and post service in the treatment room.
- Quiet Lounge seating will be reconfigured to ensure physical distancing measures.
- Your spa therapist will guide you to your treatment room and to the exit at the conclusion of your service.
- We encourage you to bring your reusable Miraval water bottle. Fill stations located at Serenity Pool Deck and in the Spa near the Quiet Lounge.



SERVICE	DURATION	PRICE
BODY RENEWAL RITUALS		
Abundance	90MIN	\$285
Flourish	60MIN	\$220
Ginger Healer	90MIN	\$315
Hammam	90MIN	\$285
Kokoro	90MIN	\$315
Moondance	90MIN	\$285
Radiance	60MIN	\$220
River Flower Wrap	60MIN	\$220
Serenity	90MIN	\$285
Wild Berry Body Polish	60MIN	\$220
MASSAGE		
Focus Massage	30MIN	\$130
Jade Meridian	60MIN	\$235
Jade Meridian	90MIN	\$315
Miraval Deep Massage	60MIN	\$235
Miraval Deep Massage	90MIN	\$315
Miraval Grounding	60MIN	\$210
Miraval Relax Massage	60MIN	\$210
Miraval Relax Massage	90MIN	\$280
Neck & Scalp	30MIN	\$130
Tibetan Bowl Massage	90MIN	\$295
ENERGY & EASTERN		
Craniosacral	60MIN	\$190
Crystal Energy Healing	60MIN	\$195
Naga	60MIN	\$275
Naga	90MIN	\$345
Pranayama-Dina	50MIN	\$305
Pravasana	90MIN	\$315
Reflexology	60MIN	\$190
Reiki	60MIN	\$180
Thai	60MIN	\$255
Thai	90MIN	\$325
Vasudhara (<i>requires swim attire</i>)	50MIN	\$305
Yojana	90MIN	\$380 per couple

SERVICE	DURATION	PRICE
PRENATAL		
Mother's Glow Facial	60MIN	\$220
Prenatal Neck & Scalp	30MIN	\$130
Prenatal Crystal Energy Healing	60MIN	\$195
Prenatal Focus Massage	30MIN	\$130
Prenatal Massage	60MIN	\$210
Prenatal Massage	90MIN	\$280
Prenatal Miraval Grounding	60MIN	\$210
Prenatal Craniosacral	60MIN	\$190
Prenatal Pravasana	90MIN	\$315
Prenatal Reiki	60MIN	\$180
River Flower Ritual	60MIN	\$220
Wild Berry Body Polish	60MIN	\$220
AYURVEDA		
Abhyanga	60MIN	\$230
Shamana-Karma	90MIN	\$315
SALON		
Signature Petal Pecan Pedicure	80MIN	\$175
Deborah Lippmann Signature Manicure	50MIN	\$90
Deborah Lippmann Signature Pedicure	50MIN	\$105
Foot to Soul Pedicure	75MIN	\$150
Hand to Heart Manicure	75MIN	\$120
Wanderlust Manicure (<i>polish not included</i>)	50MIN	\$85
Wanderlust Pedicure (<i>polish not included</i>)	50MIN	\$95
Moroccan Coffee Blossom Pedicure	80MIN	\$160
Polish Change - Feet	20MIN	\$25
Polish Change - Hands	20MIN	\$25
Shellac Removal - Feet	30MIN	\$30
Shellac Removal - Hands	30MIN	\$30
Shampoo & Go	10MIN	\$25
Shampoo & Style - Long	80MIN	\$130
Shampoo & Style - Short	50MIN	\$85
SKIN CARE		
Essence of Miraval Facial (<i>including prenatal</i>)	90MIN	\$350
Mother's Glow Facial	60MIN	\$220
Nature's Bounty Facial	90MIN	\$330
Vitamin C Facial	60MIN	\$220
Vitamin C Facial	90MIN	\$330
Pure Pressed Facial	60MIN	\$220
Pure Pressed Facial	90MIN	\$330
Purifying Back Facial	60MIN	\$220
Roots, Fruits, Petals & Leaves Facial	90MIN	\$330
Renew & Restore Facial	60MIN	\$220
Spiritual Warrior Facial	60MIN	\$220
Spiritual Warrior Facial	90MIN	\$330