

# SAFETY AT THE SPA

## WHAT TO EXPECT DURING YOUR MIRAVAL SPA EXPERIENCE

### Life in Balance Spa Hours 9am - 9pm

*Safety protocols will be strongly enforced. Failure to comply with the measures below will result in refusal of service to protect your and our colleagues' wellbeing.*

*It is recommended that you arrive to your spa service in your room robe and personal footwear, ready for your treatment.*

- We are offering a limited menu of spa services and reducing the capacity of our treatment rooms.
- Spa appointments fill up quickly and last minute spa availability cannot be guaranteed.
- Guests will receive contact-less temperature screen at each spa service check in with Spa Front Desk.
- All spa colleagues, therapists and guests will be required to wear masks at the spa and during spa services, only exception during facial service.
- Guests will also still be required to complete a Spa Intake Form prior to their first appointment of their stay (state requirement).
- Guests will be requested to wash hands in the treatment room at start of service.
- Providers will wash hands pre and post service in the treatment room.
- Steam Rooms and Saunas will not be available for use, however:
  - Lockers and showers are available for use and will be sanitized, restocked and secured/locked with a higher frequency.
- Quiet Lounge seating will be reconfigured to ensure physical distancing measures. No food or snacks will be provided or allowed in the Quiet Lounge.
- Your spa therapist will guide you to your treatment room and to the exit at the conclusion of your service.
- We encourage you to bring your reusable Miraval water bottle. Fill stations located at Serenity Pool Deck and in the Spa near the Quiet Lounge.



| SERVICE                       | DURATION | PRICE                      |
|-------------------------------|----------|----------------------------|
| <b>BODY RENEWAL RITUALS</b>   |          |                            |
| Abundance                     | 90MIN    | \$285                      |
| Flourish                      | 60MIN    | \$220                      |
| Ginger Healer                 | 90MIN    | \$315                      |
| Hamam                         | 90MIN    | \$285                      |
| Moon Dance                    | 90MIN    | \$285                      |
| Radiance                      | 60MIN    | \$220                      |
| River Flower Wrap             | 60MIN    | \$220                      |
| Serenity                      | 90 MIN   | \$285                      |
| Wild Berry Body Polish        | 60MIN    | \$220                      |
| <b>MASSAGE</b>                |          |                            |
| Jade Meridian                 | 60MIN    | \$235                      |
| Jade Meridian                 | 90MIN    | \$315                      |
| Miraval Deep Massage          | 60MIN    | \$235                      |
| Miraval Deep Massage          | 90MIN    | \$315                      |
| Miraval Relax Massage         | 60MIN    | \$210                      |
| Miraval Relax Massage         | 90MIN    | \$280                      |
| Tibetan Bowl Massage          | 90MIN    | \$295                      |
| <b>ENERGY &amp; EASTERN</b>   |          |                            |
| Craniosacral Therapy          | 60MIN    | \$190                      |
| Crystal Energy Healing        | 60 MIN   | \$195                      |
| Naga                          | 60MIN    | \$275                      |
| Naga                          | 90MIN    | \$345                      |
| Pranayama-dina                | 50MIN    | \$305                      |
| Pravasana                     | 90MIN    | \$315                      |
| Reflexology                   | 60MIN    | \$190                      |
| Reiki                         | 60MIN    | \$180                      |
| Thai                          | 60MIN    | \$255                      |
| Thai                          | 90MIN    | \$325                      |
| Yojana                        | 90MIN    | \$380<br><i>per couple</i> |
| <b>PRENATAL</b>               |          |                            |
| Mother's Glow Facial          | 60MIN    | \$220                      |
| Prenatal Cystal Energy Healin | 60MIN    | \$195                      |
| Prenatal Massage              | 60MIN    | \$210                      |
| Prenatal Massage              | 90MIN    | \$280                      |
| Prenatal Craniosacral         | 60MIN    | \$190                      |
| Prenatal Reiki                | 60MIN    | \$180                      |
| River Flower Wrap             | 60MIN    | \$220                      |
| Wild Berry Body Polish        | 60MIN    | \$220                      |

| SERVICE                                     | DURATION   | PRICE |
|---|------------|-------|
| <b>AYURVEDA</b>                             |            |       |
| Abhyanga                                    | 60MIN      | \$230 |
| Shamana-Karma                               | 90MIN      | \$315 |
| <b>SALON</b>                                |            |       |
| Blood Orange Manicure                       | 50MIN      | \$90  |
| Blood Orange Pedicure                       | 50MIN      | \$105 |
| Deborah Lippmann Signature Manicure         | 50MIN      | \$90  |
| Deborah Lippmann Signature Pedicure         | 50MIN      | \$105 |
| Foot to Soul Pedicure                       | 75MIN      | \$150 |
| Hand to Heart Manicure                      | 75MIN      | \$120 |
| Men's Manicure                              | 50MIN      | \$85  |
| Men's Pedicure                              | 50MIN      | \$95  |
| Moroccan Coffee Blossom Pedicure            | 80MIN      | \$160 |
| Polish Change - Feet                        | 20MIN      | \$25  |
| Polish Change - Hands                       | 20MIN      | \$25  |
| Shellac Removal - Feet                      | 30MIN      | \$30  |
| Shellac Removal - Hands                     | 30MIN      | \$30  |
| Shampoo & Go                                | 10MIN      | \$25  |
| Shampoo & Style - Long                      | 80MIN      | \$130 |
| Shampoo & Style - Short                     | 50MIN      | \$85  |
| Signature Petal Pecan Pedicure              | 80MIN      | \$175 |
| <b>SKIN CARE</b>                            |            |       |
| Miraval Austin Signature Petal Pecan Facial | 90MIN      | \$350 |
| Mother's Glow Facial                        | 60MIN      | \$220 |
| Nature's Bounty Facial                      | 90MIN      | \$330 |
| Vitamin C Facial                            | 60MIN      | \$220 |
| Vitamin C Facial                            | 90MIN      | \$330 |
| Men's Signature Facial                      | 60MIN      | \$210 |
| Men's Signature Facial                      | 90MIN      | \$320 |
| Purifying Back Facial                       | 60MIN      | \$220 |
| Roots, Fruits, Petals, & Leaves Facial      | 90MIN      | \$330 |
| Renew & Restore Two-Part Series Facial      | 60MIN EACH | \$385 |
| Spiritual Warrior Facial                    | 60MIN      | \$220 |
| Spiritual Warrior Facial                    | 90MIN      | \$330 |