

## WHAT TO EXPECT DURING YOUR MIRAVAL SPA EXPERIENCE

# SAFETY AT THE SPA

Life in Balance Spa Hours 9am - 9pm

*Safety protocols will be strongly enforced. Failure to comply with the measures below will result in refusal of service to protect your and our colleagues' wellbeing.*

*It is recommended that you arrive to your spa service in your room robe and personal footwear, ready for your treatment.*

- We are offering a limited menu of spa services and reducing the capacity of our treatment rooms.
- Spa appointments fill up quickly and last minute spa availability cannot be guaranteed.
- Guests will receive contact-less temperature screen at each spa service check in with Spa Front Desk.
- All spa colleagues, therapists and guests will be required to wear masks at the spa and during spa services, only exception during facial service.
- Guests will also still be required to complete a Spa Intake Form prior to their first appointment of their stay (state requirement).
- Guests will be requested to wash hands in the treatment room at start of service.
- Providers will wash hands pre and post service in the treatment room.
- Steam Rooms and Saunas will not be available for use, however:
  - Lockers and showers are available for use and will be sanitized, restocked and secured/locked with a higher frequency.
- Quiet Lounge seating will be reconfigured to ensure physical distancing measures. No food or snacks will be provided or allowed in the Quiet Lounge.
- Your spa therapist will guide you to your treatment room and to the exit at the conclusion of your service.
- We encourage you to bring your reusable Miraval water bottle. Fill stations located at Serenity Pool Deck and in the Spa near the Quiet Lounge.

SERVICE	DURATION	PRICE
<b>BODY RENEWAL RITUALS</b>		
Abundance	90 MIN	\$285
Flourish	60 MIN	\$220
Ginger Healer	90 MIN	\$315
Hammam	90 MIN	\$285
Moon Dance	90 MIN	\$285
River Flower Wrap	60 MIN	\$220
Wild Berry Body Polish	60 MIN	\$220
<b>MASSAGE</b>		
Miraval Deep Massage	60 MIN	\$235
Miraval Deep Massage	90 MIN	\$315
Miraval Relax Massage	60 MIN	\$210
Miraval Relax Massage	90 MIN	\$280
<b>ENERGY &amp; EASTERN</b>		
Craniosacral Therapy	60 MIN	\$190
Pravasana	90 MIN	\$315
Reflexology	60 MIN	\$190
Reiki	60 MIN	\$180
<b>PRENATAL</b>		
Mother's Glow Facial	60 MIN	\$220
Prenatal Massage	60 MIN	\$210
Prenatal Massage	90 MIN	\$280
Prenatal Craniosacral	60 MIN	\$190
Prenatal Reiki	60 MIN	\$180
River Flower Wrap	60 MIN	\$220
Wild Berry Body Polish	60 MIN	\$220
<b>AYURVEDA</b>		
Abhyanga	60 MIN	\$230
Shamana-Karma	90 MIN	\$315

SERVICE	DURATION	PRICE
<b>SALON</b>		
Blood Orange Manicure	60 MIN	\$110
Blood Orange Pedicure	60 MIN	\$125
Deborah Lippmann Signature Manicure	60 MIN	\$110
Deborah Lippmann Signature Pedicure	60 MIN	\$125
Men's Manicure	60 MIN	\$105
Men's Pedicure	60 MIN	\$115
Moroccan Coffee Blossom Pedicure	90 MIN	\$180
Polish Change - Feet	30 MIN	\$30
Polish Change - Hands	30 MIN	\$30
Shellac Removal - Feet	20 MIN	\$35
Shellac Removal - Hands	20 MIN	\$35
Shampoo & Go	10 MIN	\$25
Shampoo & Style - Long	90 MIN	\$135
Shampoo & Style - Short	60 MIN	\$90
<b>SKIN CARE</b>		
Miraval Austin Signature Petal Pecan Facial	90 MIN	\$350
Mother's Glow Facial	60 MIN	\$220
Nature's Bounty Facial	90 MIN	\$330
Vitamin C Facial	60 MIN	\$220
Vitamin C Facial	90 MIN	\$330
Men's Signature Facial	60 MIN	\$210
Men's Signature Facial	90 MIN	\$320
Purifying Back Facial	60 MIN	\$220
Roots, Fruits, Petals, & Leaves Facial	90 MIN	\$330
Renew & Restore Two-Part Series Facial	60 MIN EACH	\$385
Spiritual Warrior Facial	60 MIN	\$220
Spiritual Warrior Facial	90 MIN	\$330