WHAT TO EXPECT DURING YOUR MIRAVAL SPA EXPERIENCE

SAFETY AT THE SPA

Life in Balance Spa Hours 11am - 9pm

Safety protocols will be strongly enforced. Failure to comply with the measures below will result in refusal of service to protect your and our colleagues' wellbeing.

It is recommended that you arrive to your spa service in your room robe and personal footwear, ready for your treatment.

- We are offering a limited menu of spa services and reducing the capacity of our treatment rooms.
- Spa appointments fill up quickly and last minute spa availability cannot be guaranteed.
- Guests will receive contact-less temperature screen at each spa service check in with Spa Front Desk.
- All spa colleagues, therapists and guests will be required to wear masks at the spa and during spa services, only exception during facial service.
- Guests will also still be required to complete a Spa Intake Form prior to their first appointment of their stay (state requirement).
- Guests will be requested to wash hands in the treatment room at start of service.

- Providers will wash hands pre and post service in the treatment room.
- Steam Rooms and Saunas will not be available for use, however:
 - Lockers and showers are available for use and will be sanitized, restocked and secured/locked with a higher frequency.
- Quiet Lounge seating will be reconfigured to ensure physical distancing measures. No food or snacks will be provided or allowed in the Quiet Lounge.
- Your spa therapist will guide you to your treatment room and to the exit at the conclusion of your service.
- We encourage you to bring your reusable Miraval water bottle. Fill stations located at Serenity Pool Deck and in the Spa near the Quiet Lounge.

SERVICE	DURATION	PRICE	
BODY RENEWAL RITUALS			
Abundance	90MIN	\$285	
Flourish	60MIN	\$220	
Ginger Healer	90MIN	\$315	
Hammam	90MIN	\$285	
Moon Dance	90MIN	\$285	
River Flower Wrap	60MIN	\$220	
Wild Berry Body Polish	60MIN	\$220	
MA	ASSAGE		
Miraval Deep Massage	60MIN	\$235	
Miraval Deep Massage	90MIN	\$315	
Miraval Relax Massage	60MIN	\$210	
Miraval Relax Massage	90MIN	\$280	
ENERGY	& EASTERN		
Craniosacral Therapy	60MIN	\$190	
Pravasana	90MIN	\$315	
Reflexology	60MIN	\$190	
Reiki	60MIN	\$180	
PR	ENATAL		
Mother's Glow Facial	60MIN	\$220	
Prenatal Massage	60MIN	\$210	
Prenatal Massage	90MIN	\$280	
Prenatal Craniosacral	60MIN	\$190	
Prenatal Reiki	60MIN	\$180	
River Flower Wrap	60MIN	\$220	
Wild Berry Body Polish	60MIN	\$220	

SERVICE	DURATION	PRICE	
AYURVEDA			
Abhyanga	60MIN	\$230	
Shamana-Karma	90MIN	\$315	
SALON			
Blood Orange Manicure	60MIN	\$110	
Blood Orange Pedicure	60MIN	\$125	
Deborah Lippmann Signature Manicure	60MIN	\$110	
Deborah Lippmann Signature Pedicure	60MIN	\$125	
Men's Manicure	60MIN	\$105	
Men's Pedicure	60MIN	\$115	
Moroccan Coffee Blossom Pedicure	90MIN	\$180	
Polish Change - Feet	30MIN	\$30	
Polish Change - Hands	NIMog	\$30	
Shellac Removal - Feet	20MIN	\$35	
Shellac Removal - Hands	20MIN	\$35	
Shampoo & Go	10MIN	\$25	
Shampoo & Style - Long	90MIN	\$135	
Shampoo & Style - Short	60MIN	\$90	
SKIN CARE			
Mother's Glow Facial	60MIN	\$220	
Vitamin C Facial	60MIN	\$220	
Vitamin C Facial	90MIN	\$330	
Men's Signature Facial	60MIN	\$210	
Men's Signature Facial	90MIN	\$320	
Roots, Fruits, Petals, & Leaves Facial	90MIN	\$330	
Renew & Restore Two-Part Series Facial	60MIN EACH	\$385	